



2023 East Texas Cheerleading Championship

Presented by



1. There is no charge to enter the competition. However, completion and return of the enclosed entry form is required. Please make sure that all your Junior High, Junior Varsity and Varsity squads are aware of the competition. **Deadline for entry is September 1, 2023.** Because of time constraints, competing squads will be limited if necessary. In this case, squads will be accepted in order of entry confirmation.
2. Varsity, Junior Varsity, and Junior High schools will each have three divisions of competition based on size of school district:
Division 1: School District 1A and 2A
Division 2: School District 3A and 4A
Division 3: School District 5A and 6A
Trophies will be awarded to first, second, and third places in each division.
A Best of Show award will also be given in both the Jr. High and High School Divisions.
3. Squads will be given an overall performance time of 2-2.5 minutes. Exceeding this time limit will result in a point deduction. Timing begins with the first organized word, movement, or music note by the team after the team has been introduced. **Routines should encompass the following- Cheer or Chant, Standing Tumbling, Running Tumbling, Pyramid, Stunts, and Dance.**
4. There are two required elements of competition for each division: (1) cheer and (2) music routine to be performed in either order. Squads must provide their own music in advance to CMurray@LufkinTexas.org, to create a playlist in advance of the competition. It is recommended that each team bring an iPod/iPhone as a backup. A sound system will be provided. All cheers and routines must adhere to the NCA Rules and Guidelines (www.aacca.org). Any violation of these rules will result in point deduction or disqualification. These guidelines are being enforced to ensure participant safety.
5. The performance area is a 42' deep x 54' wide carpeted gymnastics floor mat on the arena floor.
6. Check-in for each team will begin **Sunday, September 17, at 11:00 am**. Squads are asked to arrive promptly and check in at the registration table near the stage in the Main Arena of the Expo Center. The competition will begin promptly at 1:00 pm. **Each squad will be given 3 minutes to warm up on the designated practice mat after check-in and prior to competition. If for any reason your squad is not ready to warm up at the designated time you will forfeit your time on the performance area.**
7. Complimentary tickets to the Forest Festival will be given to the Cheer/Dance sponsor prior to the competition based on the number of students listed on the registration form. **ONE complimentary pass is allowed for TWO cheerleading sponsors.** Additional tickets for staff, family members and friends may be purchased at the entrance gate for \$8.



Texas State Forest Festival

CHEER CHAMPIONSHIP SCORING FORMAT

Team: _____

Judge # _____

Division: _____

	MAX VALUE	TEAM SCORE	COMMENTS
MOTION TECHNIQUE <i>Technique, sharpness, and placement</i>	15		
PERFECTION OF SKILLS <i>Uniformity of movement throughout routine</i>	20		
PROPER USE OF SKILLS <i>Choice and timing of skills to lead the crowd</i>	15		
EXECUTION OF SKILLS <i>Technique: stability of stunts, jumps and/or tumbling</i>	20		
VISUAL APPEAL <i>Level changes, ripples, creative movements within groups</i>	15		
OVERALL IMPRESSION Leadership and overall presentation	15		
TOTAL 100 Possible Points			



2023 Texas State Forest Festival

East Texas Cheerleading Competition Registration Form

School: _____

Address: _____

City, State: _____

Sponsor's Name: _____

Sponsor's Contact Phone: _____ Fax: _____

Division I -- 1A & 2A

Division II—3A &4A

Division III—5A &6A

____ Varsity

____ Varsity

____ Varsity

____ Junior Varsity

____ Junior Varsity

____ Junior Varsity

____ Junior High

____ Junior High

____ Junior High

Team Members / Grade

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Sponsor Signature: _____ Date: _____



TEXAS STATE FOREST FESTIVAL POM/DANCE TEAM COMPETITION

Presented by



1. There is no charge to enter the competition. However, completion and return of the enclosed entry form is required. Deadline for entry is end of business, **Friday, September 1, 2023**.
2. There will be 5 categories of competition: Jazz, Hip Hop, Kick, Pom & Officers. (must have at least 3 schools entered into the category to have competition)
3. There will be 2 age groups: High School and Jr. High/Middle School. The explanation of the categories of competition is as follows:

Jazz: Classic Jazz Technique; Must contain basic jazz choreography, with appropriate music. No more than 20% hip-hop style. Judging will be based on style, appropriate technique, which includes turns, leaps, correct extension, completion of movements and overall choreography.

Hip Hop: A trendy style of current dance form; street style original dance with isolations and abstract movements. Judging will be based on style, appropriate hip-hop movements, and **appropriate** music. Please remember this is a family event.

Kick: Precision dance; may be a small or large group. No solos, duet, or tríos. Must have no less than 75% kicks. Judging will be based on the height of kicks, power of kicks, types of kicks, formations, and overall difficulty.

Pom: Must incorporate pom-poms in dance or gymnastic style routine; should contain precision movements and must incorporate a pom 80% of the time. Judging will be based on pom technique, dance steps, and overall choreography. Must be high energy!

Officers Only: Open to **any of the genres** of dance listed above.

Total performance time should be between (2) two and (2) two and half minutes. Timing will start at the beginning of the music and end when the music has stopped.

4. This year we are urging you to email your music in advance of the competition, so we can create a comprehensive playlist prior to the competition. Please email your music to CMurray@LufkinTexas.org. We also encourage each entry to have their music on an iPod/iPhone and it must be cued to the correct placement. A sound system will be provided.
5. The performance area will be 42' deep x 54' wide carpeted gymnastics floor mat on the arena floor.
6. The use of props is allowed.
7. The basis for judging is as follows:

CHOREOGRAPHY – 20pts

- Composition, Creativity, Difficulty, Appropriateness and Musical Interpretation

VISUAL IMPACT / STAGING – 20pts

- Continuity/Transitions, Use of Area/Stage, Changing of Levels/Floorworks, and Visual Effects

EXECUTION & UNIFORMITY – 20pts

- Upper & Lower Body Precision, Timing, Spacing and Uniformity of Kick Height

MOVEMENT QUALITY – 20pts

- Body Control, Technique, Range of Motion, Dynamics, Turns/Pivots/Flanks, Legwork, Footwork and Flexibility

PERFORMANCE – 20pts

- Facial Expression, Projection, Focus, Confidence in Performance, Musicality, Body Energy, Uniform and Grooming

5 POINT PENALTIES WILL BE ISSUED FOR ANY OF THE FOLLOWING:

- Going over the 2.5-minute time allowance
 - Not having music cued up and ready to go
 - Questionable or vulgar dance moves
8. Check-in will begin Sunday, September 17th at 11:00 am. Check-in will take place near the main arena of the Angelina County Exposition Center. The competition will begin at 1:00 pm. Each squad will be given 3 minutes to warm up all routines designated practice mat (without music) prior to competition. Going over time will result in a 5-point penalty. The floor will be open for this warmup beginning at 11:00 am.
 9. Judges will be provided through the management of Academy of Gymnastics and Dance.
 10. Complimentary Tickets to the Forest Festival will be given to the Cheer/Dance sponsor prior to the competition based on the number of students listed on the registration form. **ONE complimentary pass is allowed for TWO sponsors.** Additional tickets for staff, family members and friends may be purchased at the entrance gate for \$8.
 11. A Best of Show award will also be given in both the Jr. High and High School Divisions.



Texas State Forest Festival

POM PON SCORING FORMAT

Team: _____

Judge # _____

Division: _____

	MAX VALUE	TEAM SCORE	COMMENTS
CHOREOGRAPHY <i>Composition, Creativity, Difficulty, Appropriateness, Musical Interpretation</i>	20		
VISUAL IMPACT/STAGING <i>Continuity/Transitions, Use of Area, Changing of Levels/Floorwork, Visual Effects</i>	20		
EXECUTION & UNIFORMITY <i>Upper & Lower Body Percision, Timing, Spacing, Uniformity of Kick Height</i>	20		
MOVEMENT QUALITY <i>Body Control, Technique, Range of Motion, Dynamics, Turns/Pivots/Flanks, Legwork, Footwork, Flexibility</i>	20		
PERFORMANCE <i>Facial Expression, Projection, Focus, Confidence in Performance, Musicality, Body Energy, Uniform, Grooming</i>	20		
TOTAL 100 Possible Points			

TEXAS STATE FOREST FESTIVAL 2023 POM/DANCE TEAM COMPETITION

School: _____

Mailing Address: _____

Sponsor/Coach: _____ Phone: _____

E-mail Address: _____

Pom Pon/Dance Team Members:

Age or Grade

	<u>Age or Grade</u>

Select Competition Division

Jazz	High School	Junior High / Middle School
Hip Hop	High School	Junior High / Middle School
Kick	High School	Junior High / Middle School
Pom	High School	Junior High / Middle School
Officers	High School	Junior High / Middle School

Sponsor Signature: _____ Date: _____

Mail to: TSFF Pom/Dance Team Competition
The Chamber of Commerce
1615 S Chestnut St
Lufkin, TX 75910

E-mail to: CMurray@lufkintexas.org